



NCBC
North Carolina Bicycle Club

SPRING RALLY

50K, 100K, & 100 MILE ROUTES

SUNDAY, MAY 23, 2010

REGISTRATION @ 7:30 A.M. - RIDE STARTS @ 8:30 A.M. - STAGGERED START FOR SAFETY

HOSTED AT:



1700 REGENCY PKWY
CARY, NC

IN CONJUNCTION WITH:

THE
PELTON
PROJECT



THEPELTONPROJECT.ORG
RESPONSIBLE. PREDICTABLE. SAFE.

REGISTRATION OPTIONS:

REGISTRATION OPENS MONDAY, APRIL 12, 2010

PRE-REGISTER AT THEPELTONPROJECT.ORG - \$20
DAY OF REGISTRATION - \$25

\$5 OFF FOR NCBC AND PELTON PROJECT MEMBERS

CHECK OUT THE FACEBOOK EVENT AT TINYURL.COM/SPRINGRALLY

Safety for Motorists

1. Be alert for cyclists and pedestrians.
2. Concentrate on driving, not distractions.
3. Before passing, check for oncoming cars.
4. Give cyclists plenty of room when passing. At a minimum, align half of vehicle on yellow line.
5. When driving into a low setting sun, be alert for cyclists and pedestrians.

Safety for Cyclists

1. Stop at red lights and stop signs.
2. Ride two abreast & share the road.
3. Behave predictably & responsibly.
4. Be responsible when leading the pack.
5. Communicate hazards to others.
6. Anticipate left turns.