

Club Member Goodies

Monthly Get-togethers

Enjoy cycling presentations, demos, ride reports and social gatherings with other cyclists at a local restaurant or pub.

Monthly Newsletter

The NC Bicycle News is published each month and includes a variety of useful cycling information, including the ride calendar, century reports, articles, and classified ads.

Classified Ads

You can have a free one-month ad for cycling equipment and accessories.

Bike Travel Cases

NCBC has hard shell bike travel cases for rent to members. They're only \$1 per day, with a refundable deposit.



NCBC Jerseys

We purchase colorful custom club jerseys about every other year, and make them available to members at a great discount.

NCBC Member Discount

A club discount is available to members at area bicycle shops. Check out the Sponsors list on our web page for the good news.

We Are...

Bike Rides
BIKE RIDES



The reason NCBC exists is to promote bicycling. We love bike rides! Visit our web site, where you'll find rides listed all year long. Weekly training rides. Social weekend rides. And then there's our seasonal rallies, fully supported with rest stops and sag drivers!

We have an online Cue Sheet Library with maps and descriptions. Any member can post new rides, right on the web. Arranging a meetup? Try our discussion forum. And if that's not enough, we help with some of the area's major charity rides, including the Raven Rock Ramble and MS 150!



The NCBC is a cycling club in Raleigh, NC and surrounding areas whose purpose is:

- 1. To promote bicycling through recreational, utilitarian and competitive activities;*
- 2. To educate and promote safety throughout its membership and the general public and promote the adherence to the motor vehicle laws;*
- 3. To promote relationships of bicyclists locally, nationally, and internationally.*

THE NORTH CAROLINA BICYCLE CLUB

Fun Rides,

Great Benefits...



...and Friendly People!

North Carolina Bicycle Club
P.O. Box 32031
Raleigh, NC 27622

<http://www.ncbikeclub.org>

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Bike Cultures

Bicycling means different things to different people. At NCBC, we let people ride however they like. As a result, we have some different subcultures to choose among. And the neat thing is, you don't have to try just one!

NCBC Randonneurs

If you've ever felt that a Century was a nice appetizer for a good bike ride, check out the online Brevet ride schedule for the NCBC Randonneurs. Ready to consider 200 km, 300 km, 400 km? More? Find out what a "permanent" is... And get ready for a challenge! See <http://ncbikeclub.org/randonneuring> to start the adventure.

NORTH RALEIGH ROAD DOGS

The North Raleigh Road Dogs are an informal cycling group. Their motto is "We only drop our friends". They like to meet at Blue Jay Point Park in North Raleigh, the "Road Dog Pound". Look for their locally famous Road Dog Rally in early Autumn. They have their own google group at <http://google.groups.com/group/roaddogs>



SLOW Spokes

Bike Rides at a Sensible Pace!

Slow Spokes is a group for cyclists who prefer to ride at a more relaxed pace, enjoy themselves, and support one another. New cyclists are welcomed, or returning cyclists may use this group as a springboard to increase their skills.

Slow Spokes has their own active message board, with new rides being offered at a variety of relaxed paces just about every week. Rides also include advanced riding paces. See <http://www.slowspokes.net/> for more.



GRITS stands for the Greater Raleigh Intrepid Tandem Society. Ever felt that you get along with someone else well enough to share the same bicycle? The only way to know for sure is to try it. There are several good reasons to consider sharing a two seater, like the fact that you can ride them very fast! A tandem will also let two riders at different levels of proficiency stay together. The friendly GRITS group has their own message board, and a monthly ride schedule. See <http://ncbikeclub.org/Grits/GRITS.htm>

BikeEd

Since 1995, members of the N.C. Bicycle Club who are certified cycling instructors have provided bicycling education in the Triangle. If you know someone who's worried about biking in traffic, the "Triangle BikeEd" courses taught by those instructors might be just the confidence builder that they need. Check out: <http://www.humantransport.org/bikeclass/>



Last, but perhaps most important: the North Carolina Bicycle Club would not be what it is without excellent people, who donate their experience and free minutes to a worthwhile cause. Whether it's helping to educate state and local representatives on the needs of bicyclists, putting together the routes for a big event and laying down the markings, or gathering together all of the provisions for a seasonal rally - our volunteers make it happen.

If you like what you find at the NCBC, please consider pitching in for one or two activities a year. We can sure use the help!

To join us: <http://ncbikeclub.org/ncbcforms.htm>