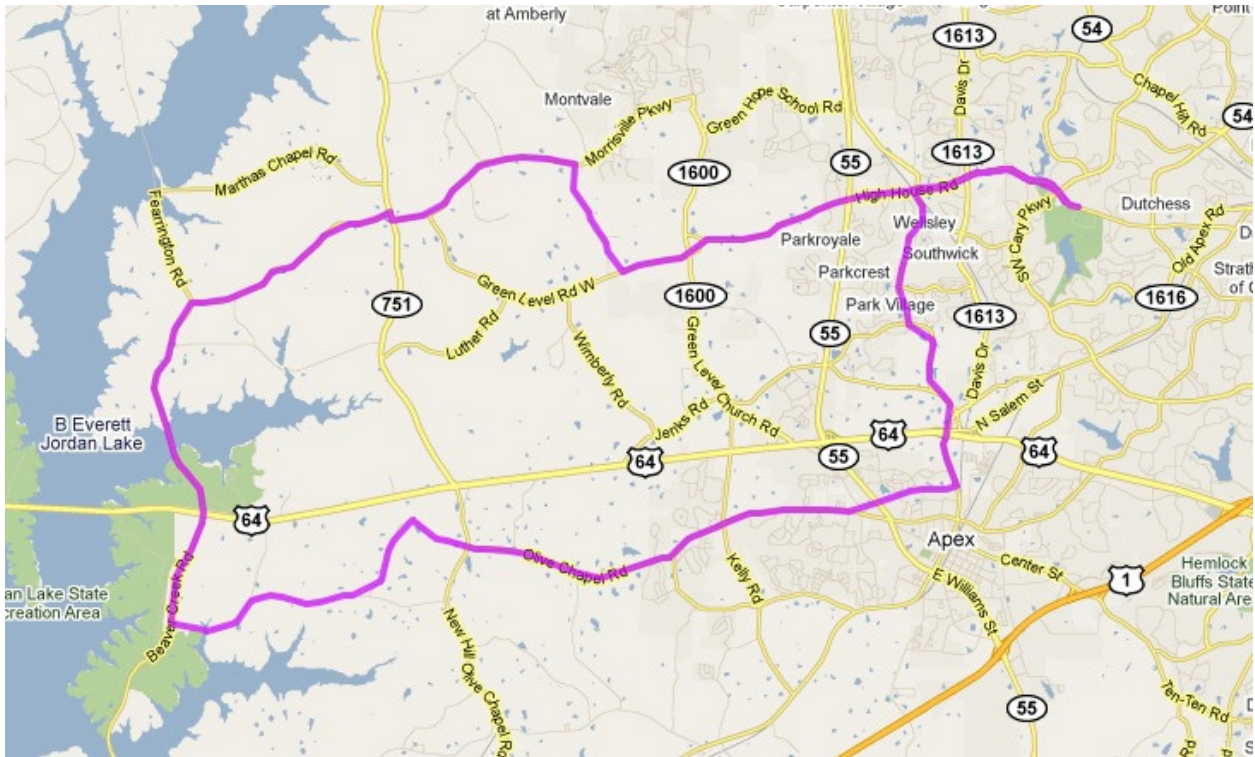



NCBC Summer Rally  
July 11, 2010  
**50k**



Start/Finish Bond Park  
Leave 0830

“Celebration of Life for Bruce” in memory of cycling advocate Bruce Rosar. Plan to share memories at the Buehler Shelter in Bond Park from 1300 to 1500.

NCBC 2010 Summer Rally 50k					
Seq	At	Go	For	On	Comments
1	Start			<b>Bond Park - Cary, NC</b>	
2	0.0	Left	0.3	High House	Caution turning left out of Bond
3	0.3	Straight	1.8	Cross Cary Parkway	Traffic light - Right lane only
4	2.1	Left	0.3	Jenks Carpenter Rd	
5	2.4	Right	1.3	Jenks Carpenter Rd (SR 3011)	
6	3.7	Left	1.0	Holt Rd	
7	4.7	Left	0.4	Old Jenks Rd	
8	5.1	Right	0.9	Davis Dr/Salem Street	Traffic lights crossing under Hwy 64
9	6.0	Right	0.9	Apex Peakway	
10	6.9	Straight	0.2	Cross Hwy 55	Traffic light
11	7.1	Right	4.7	Olive Chapel Rd	Traffic light
12	11.8	Right	0.1	New Hill/Olive Chapel Rd	Caution intersection by church
13	11.9	Left	1.7	Olive Chapel Rd Exd	
14	13.6	Right	2.5	Tody Goodwin	
15	16.1	Right	1.3	Beaver Creek Rd	
16	17.4		0.0	<b>SAG - Wilsonville Gas Station</b>	short Traffic light crossing Hwy 64
17	17.4	Straight	2.6	Farrington Rd	
18	20.0	Right	2.6	Holland Chapel	
19	22.6	Right	0.1	Hwy 751	Single file - caution left turn
20	22.7	Left	2.3	Lewter Shop Rd	
21	25.0	Right	1.4	White Oak Church Rd	
22	26.4	Left	3.0	Green Level West	
23	29.4	Straight	1.3	High House	Cross Hwy 55 - Traffic light
24	30.7	Straight	1.1	Cross Davis Drive	Traffic light
25	31.8	Straight	0.4	Cross Cary Parkway	Traffic light
26	32.2	Right		<b>Bond Park - Cary, NC</b>	<b>Climb = 1,471'</b>
<p>This ride supports <b>The Peloton Project</b> group ride protocol</p> <p><b>Stop at red</b> (Obey traffic lights and stop signs)</p> <p><b>Share the road</b> (Ride two abreast and let cars pass quickly)</p> <p><b>Signal your moves</b> (Behave predictably and responsibly)</p> <p><b>Show the way</b> (Be responsible in leading the pack)</p> <p><b>Speak up</b> (Communicate hazards in group)</p> <p><b>Slide left</b> (Anticipate Left turns)</p>					
Emergency:		911		 <b>Yellow</b>	
Rider Assistance:		Race Director: 919-924-3039			